



EYFS Knowledge Progression

Personal, Social and Emotional Development

Nursery	Self regulation Begin to develop appropriate ways of being assertive. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Begin to understand how others might be feeling. Managing self Play with one or more other children, extending and elaborating play ideas. Find solutions to conflicts and rivalries Begin to remember and follow rules with some understanding Be increasingly independent in meeting their own care needs Building relationships Develop their sense of responsibility and membership of a community. Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations			
Reception	Autumn	Spring	Summer	Early Learning Goal
	I know how to show kindness and friendship when I am with my friends	I know how to show kindness and friendship when I am with my friends	I know how to show kindness and friendship when I am with my friends	Self-Regulation <i>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly</i> <i>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate</i> <i>Give focussed attention to what the teacher says, responding appropriately</i>
	I know how to take turns	I respect my friends	I respect my friends and the choices that they make	
	I can follow 2 part instructions	I can wait my turn	I can show all of the listening rules so that I can show focus and follow instructions	
	I can ask questions			

	To be able to talk about relationships with family at home	I know that sometimes I have to wait longer than I might want to	I can focus even there are distractions	<i>even when engaged in activity and show an ability to follow several ideas or actions</i>
	I know that my behaviour has an impact on others I know right from wrong most of the time I now where the toilet is and can ask for help if I need it I can name a trusted adult is in my class I know some values used in school	I can follow instructions with more than 2 parts I can ask questions with a variety of question words I can talk about friends and events that take place outside school I know that there are places around the world that are different to Ledbury and I can talk about them I know that my behaviour has an impact on others I know right from wrong and can say sorry when I need to I can use the toilet and wash my hands by myself I know that I can ask for help to put my coat and shoes on if I need it	I can talk using full sentences I can use conjunctions when talking to explain how I'm feeling I know that my behaviour has an impact on others and I can modify my behaviour I know right from wrong and can say sorry when I need to I can put my shoes and coat on and do them up by myself I know what to look for when looking for a trusted adult in the main school I can name some values used in school and suggest how to show them	Managing Self <i>Be confident to try new activities and show independence, resilience and perseverance in the face of challenges</i> <i>Explain the reasons for rules, know right from wrong and try to behave accordingly</i> <i>Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices</i> Building Relationships <i>Work and play cooperatively and take turns with others</i> <i>Form positive attachments to adults and friendships with peers</i> <i>Show sensitivity to their own and to the needs of others</i>

		I can identify a trusted adult in Reception		
		I know can name some values used in school		