



Learning for Life Overview

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2
	September	October	November	December	January	February	March	April	May	June	July
Values	Be determined	Be resilient	Be peaceful	Be caring	Be wise	Be kind	Be humble	Be honest	Be positive	Be tolerant	Be curious
Calendar	World Alzheimer month	Black History month International walk to school month	Anti-bullying week UK Parliament Week			National LGBT History month Fairtrade fortnight	National carers week	The big pedal Walk to work day		Pride Month Heart rhythm week Child safety week	
Positive Safeguarding	Who can I talk to if I have a worry? How can I make myself heard?		Anti-bullying		Building resilience		Keeping myself healthy and safe		Positive relationships		Changes
Theme	Being Me		Celebrating Me and Celebrating Others		Me and My Goals		Healthy Me		Relationships and Me		Changing Me
N / YR	Being safe, happy and kind in my class		Feeling special and making friends		Overcoming challenges		Being healthy (exercise and sleep)		Being a good friend		Thinking about growing and changing
Y1	Rewards, consequences and feeling proud		Celebrating differences and making new friends		Tackling new challenges		Linking health and happiness		My qualities as a friend and family member		How I have changed since I was a baby
Y2	Rights and responsibilities		Understanding bullying		Achieving goals and sharing group success		Healthier choices		Friendships and conflict, different types of families		Life cycles in nature and differences in male and female bodies
Y3	Seeing things from other people's perspectives		How to deal with conflict in our relationships		Learning from challenges		Healthy and safe choices online and in the real world		Being a global citizen		How bodies change as they grow

Y4	Having a voice, democracy and group decision making	Challenging assumptions	Overcoming disappointment and setting new goals	Group dynamics, peer pressure and my health	Love and loss in relationships	Having a baby, puberty and preparing for change
Y5	How behaviour affects groups of people	Understanding and respecting cultural differences Thinking about racism.	Jobs, careers and money	Smoking, alcohol, relationships with food and body image.	Rights, responsibilities and staying safe in the online world.	Puberty in boys and girls and learning about conception
Y6	Children's universal rights	Challenging prejudice and discrimination	How can the media influence people?	Managing my physical and emotional health	Developing positive relationships	My changing body and feelings